Microsoft Word for Windows
The default keystrokes for accented characters are as follows:
Symbols joined by a + need to be held down at the same time;
Symbols separated by a comma need to be hit in sequence, one after the other.

á	Ctrl + ' , A
é	Ctrl + ' , E
í	Ctrl + ' , I
ó	Ctrl + ' , O
ú	Ctrl + ' , U
É	Ctrl + ' , Shift + E
ñ	Ctrl + Shift + ~, N
Ñ	Ctrl + Shift + ~, Shift + N
¿	Alt + Ctrl + Shift + ?
¡	Alt + Ctrl + Shift + !
ü	Ctrl + Shift + : , U

Online
To type accents online on a PC hold down alt and type the following numbers (on the side keyboard only):

á 160	é 130	í 161	ó 162	ú 163
É 144	¿ 168	¡ 173	ñ 164	Ñ 165

Macintosh (any program)
Accented characters are "hard wired" into the Macintosh Operating System. The following instructions will always work on a Mac in any program or application since they always remain part of the system software.
Symbols joined by a + need to be held down at the same time;
Symbols separated by a comma need to be hit in sequence, one after the other.

á	Option + E , A
é	Option + E , E
í	Option + E , I
ó	Option + E , O
ú	Option + E , U
É	Option + E , Shift + E
ñ	Option + N , N
Ñ	Option + N , Shift + N
¿	Option + Shift + ?
¡	Option + 1
ü	Option + U , U